

Cannabinoides: Uso en Patología Digestiva

Disclaimer

Sin financiamiento ni influencias de:

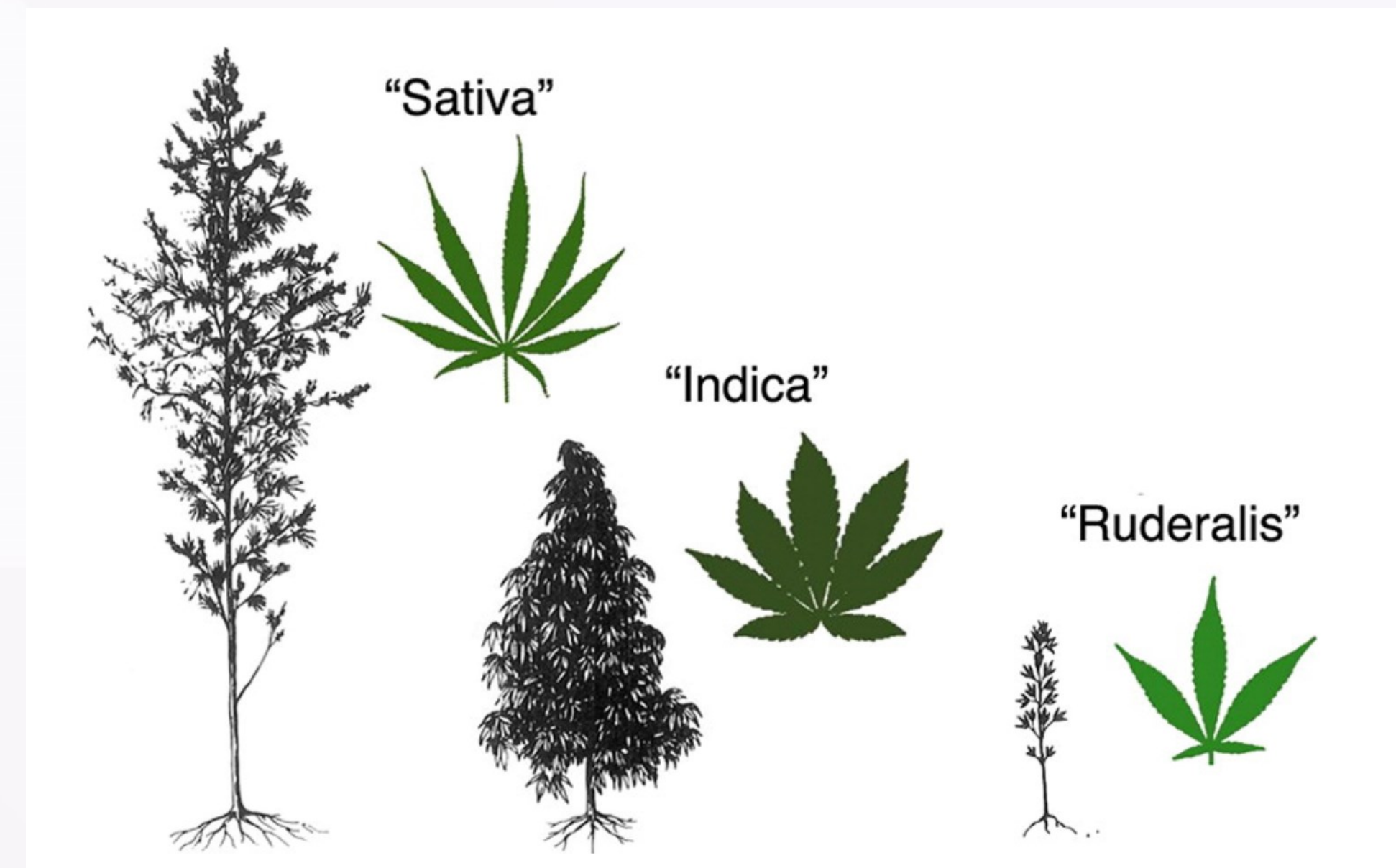
- Industria farmacéutica
- Narcotráfico

Cannabis sativa

Origen en Asia central

C. sativa *indica*
 sativa
 ruderalis

+ 560 fitocompuestos identificados
+120 cannabinoides (THC, CBD)

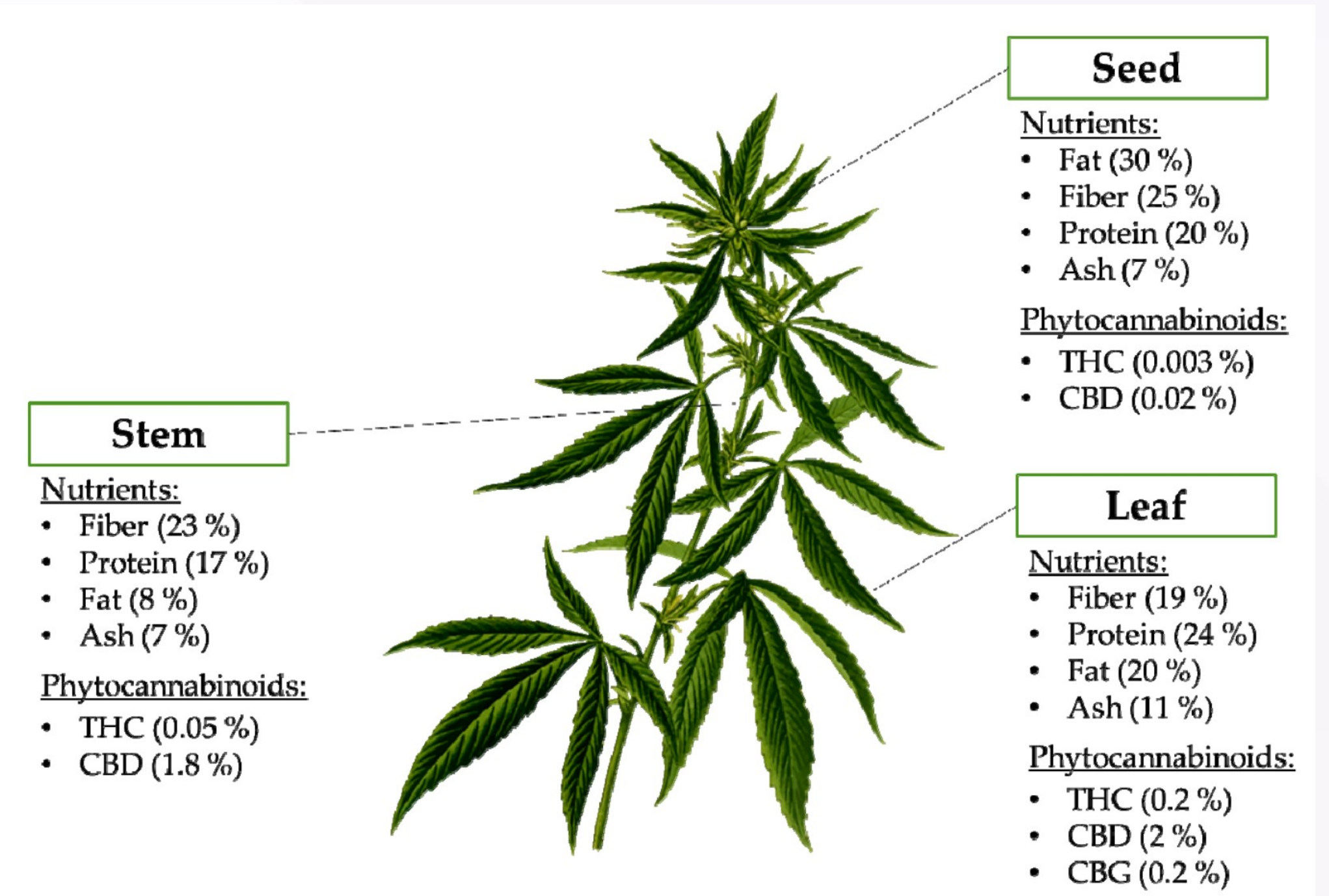


Historia

12.000 años de convivencia

Usos:

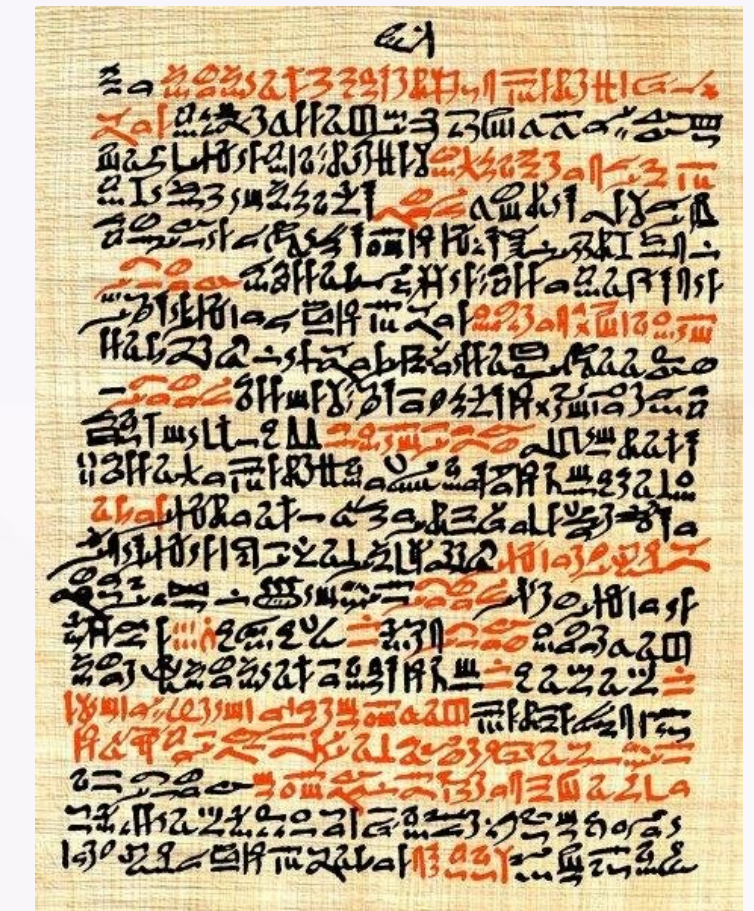
fibra: vestuario - redes
alimento
resina
medicinal
religioso
recreativo



Uso Medicinal

China: 2000 ac, compendio hierbas medicinales
Egipto: 1500 ac, anti-inflamatorio tópico

Herodoto: V ac, escitas quemando κάνναβις
Plinio: I dc, usos analgésicos y anti-inflamatorios
Galeno: II dc, sensación de calor, psicoactivo



ON THE
THERAPEUTICAL USES AND TOXIC EFFECTS
OF CANNABIS INDICA.

BY J. RUSSELL REYNOLDS, M.D., F.R.S., &c.,
PHYSICIAN IN ORDINARY TO HER MAJESTY'S HOUSEHOLD.

THE LANCET,]

DR. J. RUSSELL REYNOLDS ON CANNABIS INDICA.

[MARCH 22, 1890. 637

Años oscuros

1914: Ley de Narcóticos de Harrison de 1914 → **Delito**

1937: Marihuana Taxt Act

1970: Lista 1 de Drogas de los EEUU
“no aceptado su uso médico”.



Uso Medicinal v2.0

Fitocannabinoides: CBD (1963) – THC (1964)

1988 → CB1-R

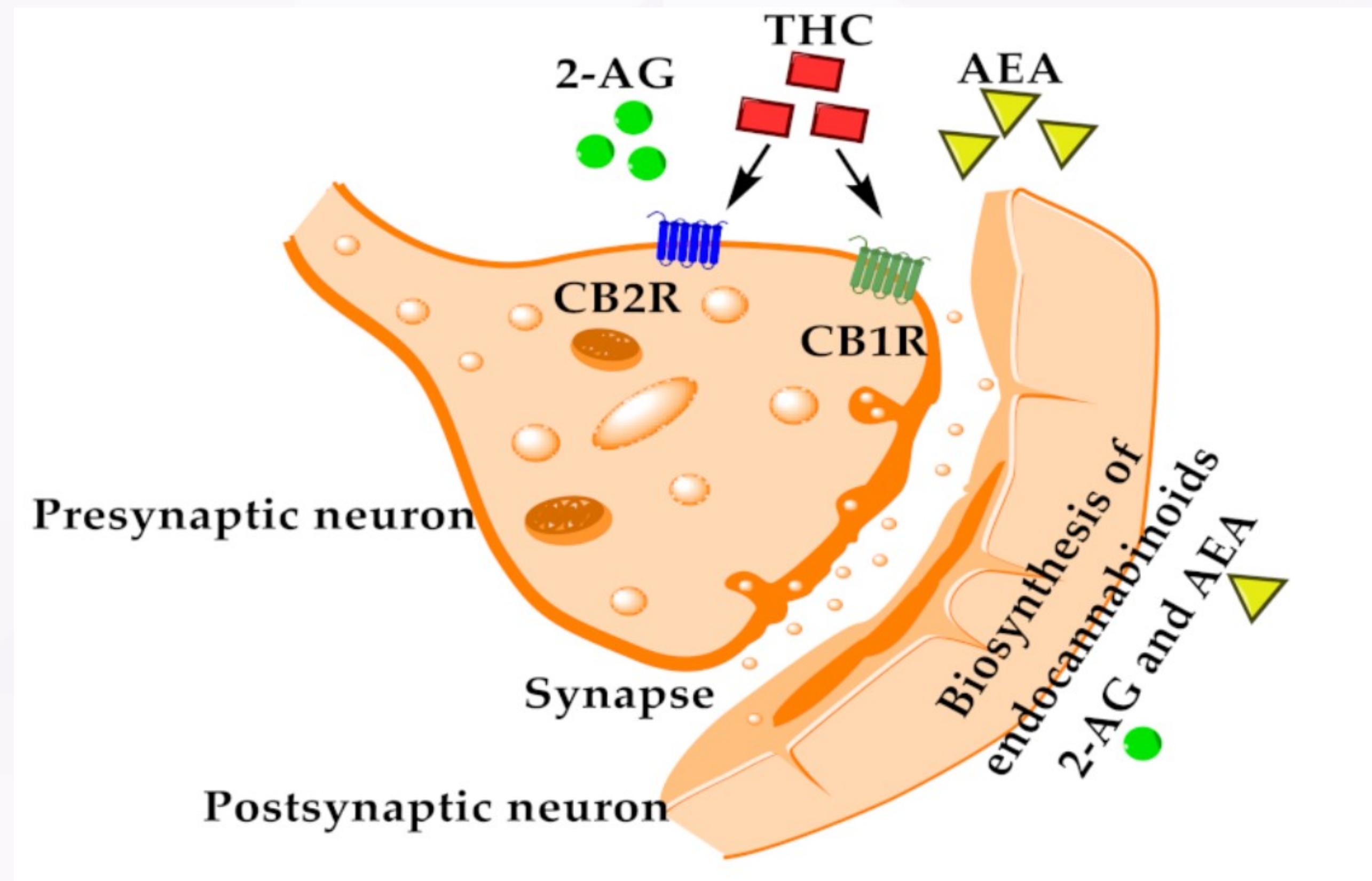
1992 → Anandamida (AEA)

1993 → CB2-R

1995 → 2-Arachidonoylglycerol (2-AG)

Sistema Endocannabinoide

Sistema Endocannabinoide



Sistema Endocannabinoide

CB1

SNC – SNP – SNE

Corazón

Pulmón

Piel

Ojos

Huesos

CB2

Células inmunes

Intestino

SNC

Corazón

Tejido adiposo

Hígado

Huesos

Gónadas

Receptores de cannabinoides

Δ^9 -TETRAHYDROCANNABINOL

Molecular Targets

CB1 partial agonist
CB2 partial agonist
GPR55 agonist
GPR18 agonist
5HT_{3A} antagonist
PPAR γ agonist
TRPA1 agonist
TRPV2 agonist
TRPV3 agonist
TRPV4 agonist
TRPM8 antagonist
 μ and δ opioid allosteric modulator
GlyR α_1 and α_3 positive allosteric modulator
AEA uptake inhibition by targeting FABPs
Adenosine reuptake inhibitor

CANNABIDIOL

Molecular Targets

CB1 inverse agonist and negative allosteric modulator
CB2 partial agonist and negative allosteric modulator
GPR55 antagonist
GPR18 antagonist
GPR3 inverse agonist
GPR6 inverse agonist
GPR12 inverse agonist
A_{1A} agonist
5HT_{1A} agonist
5HT_{2A} partial agonist
5HT_{3A} antagonist
PPAR γ agonist
TRPA1 agonist
TRPV1 agonist
TRPV2 agonist
TRPV3 agonist
TRPM8 antagonist
GABA_A positive allosteric modulator
 μ and δ opioid allosteric modulator
GlyR α_1 and α_3 positive allosteric modulator
AEA uptake inhibition by targeting FABPs
Adenosine reuptake inhibitor

CANNABICHROMENE

Molecular Targets

CB2 agonist
TRPA1 agonist
TRPV1 agonist
TRPV3 agonist
TRPV4 agonist
TRPM8 weak antagonist
AEA uptake inhibitor
MAGL inhibitor

CANNABIDIVARIN

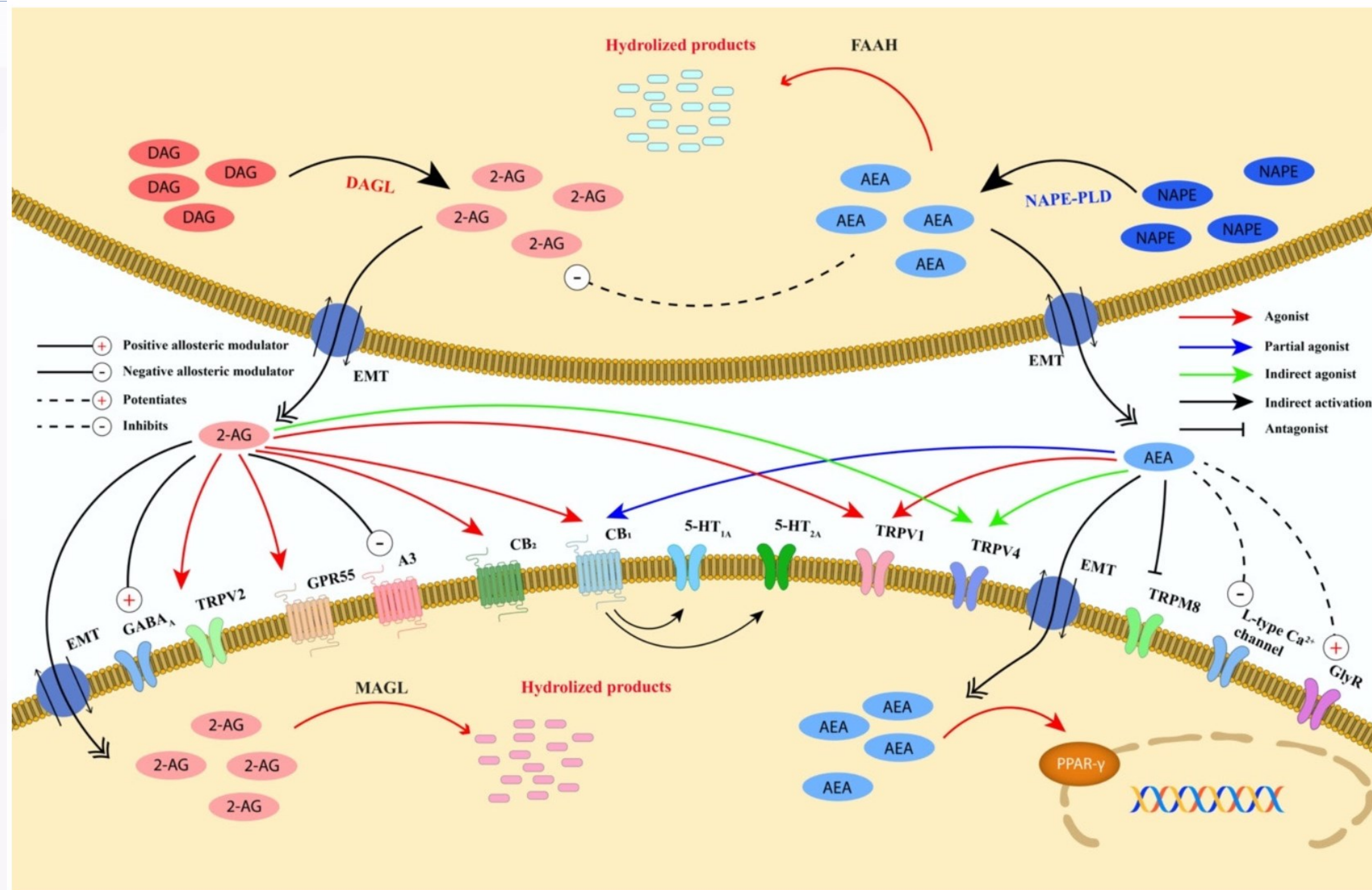
Molecular Targets

GPR55 antagonist
TRPA1 agonist
TRPV1 agonist
TRPV2 agonist
TRPV3 agonist
TRPV4 agonist
TRPM8 antagonist
DAGL inhibitor
AEA uptake inhibitor

Cannabinoides

Fitocannabinoides	Endocannabinoides	Sintéticos
Delta-9-Tetrahydrocannabinol (Δ 9-THC)	Anandamida (AEA)	Dronabinol
Cannabidiol (CBD)	2-Arachidonoylglycerol (2-AG)	Nabilona
Cannabinol (CBN)	N-Arachidonoyl Dopamine (NADA)	Levonantradol
Cannabigerol (CBG)	O-Arachidonoyl Ethanolamine (Virodamina)	HU-210
Cannabicromeno (CBC)	Palmitoylethanolamide (PEA)	CP 55,940
Cannabicromeno (CBC)	Oleoylethanolamide (OEA)	WIN 55,212-2
Tetrahydrocannabivarina (THCV)		Rimonabant (SR141716A)
Cannabidivarina (CBDV)		JWH-018
Delta-8-Tetrahydrocannabinol (Δ 8-THC)		AM-2201

Sistema Endocannabinoide



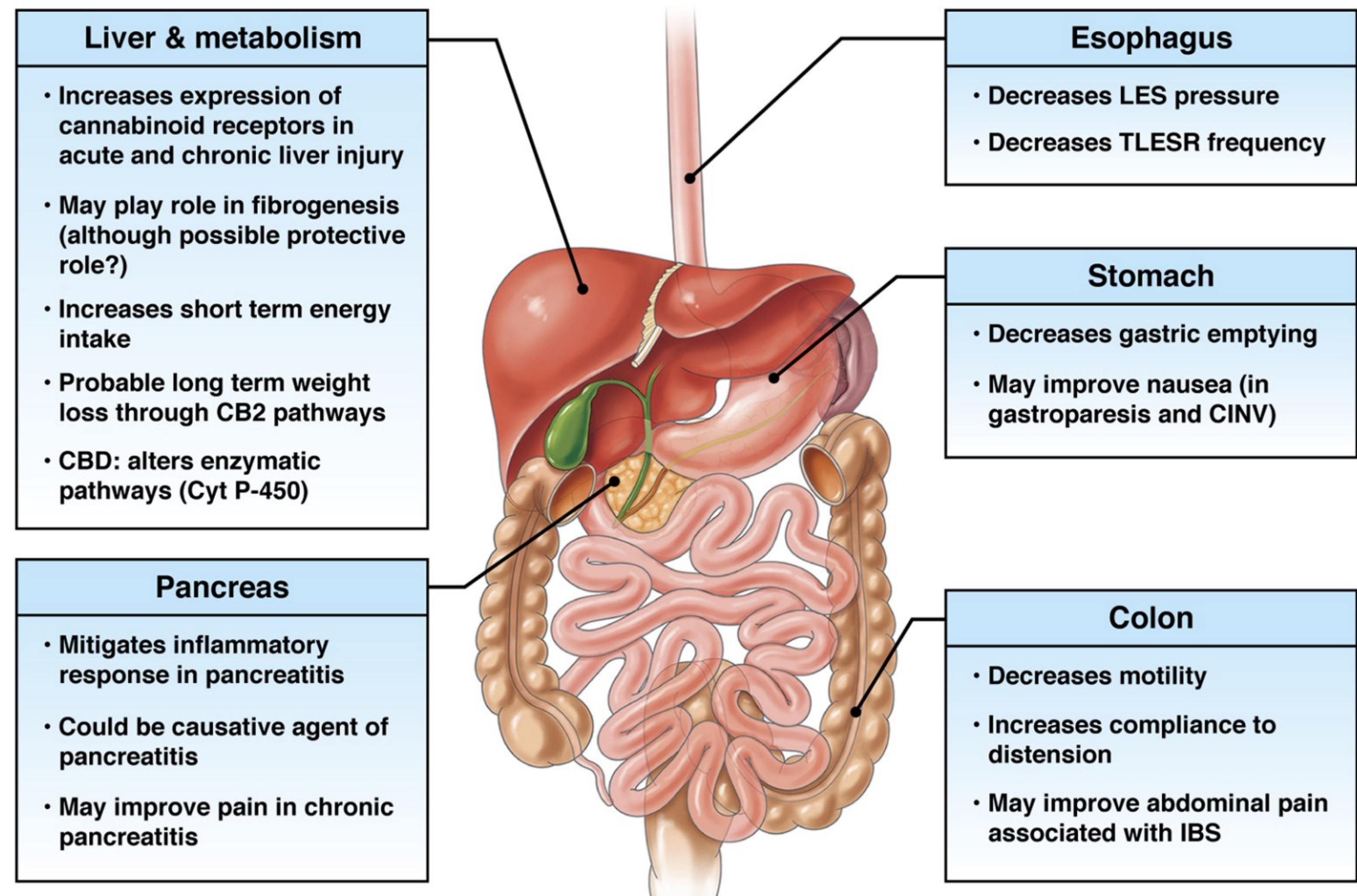
Efectos Digestivos

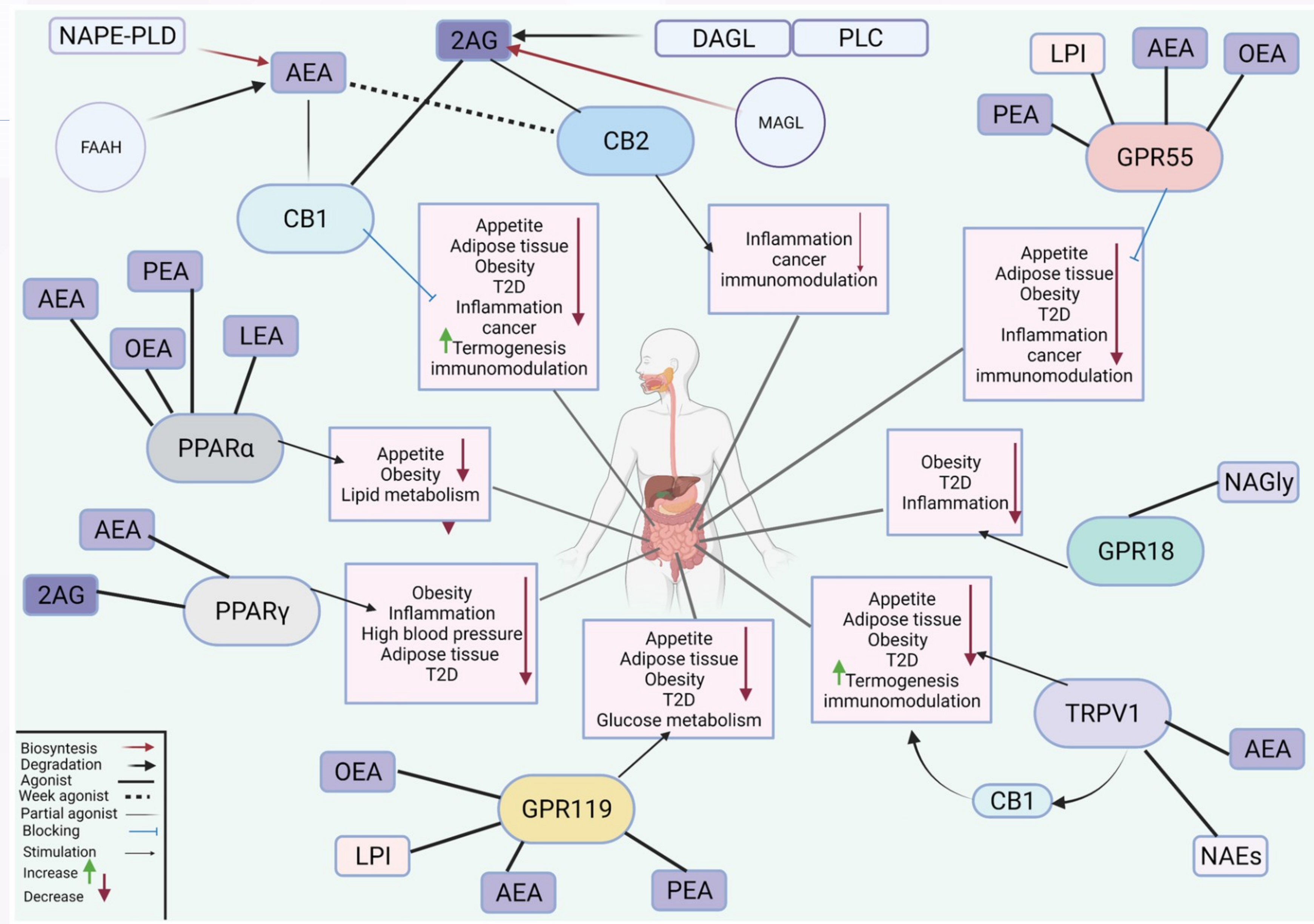
Efecto **inhibitorio** – modulador

Disminuye motilidad
 Disminuye secreción
 Disminuye inflamación
 Disminuye dolor

Enfermo >>> Sano

RECEPTORS		
COMPONENT	LOCATION	FUNCTION
CB1 (binds AEA, 2-AG)	ENS: cholinergic neurons Mucosa: epithelial and plasma cells Vascular smooth muscle cells Lamina propria: macrophages and plasma cells	Reduces GI motility and secretion Modulates immune function
CB2 (binds AEA, 2-AG)	ENS (under inflammatory conditions) Mucosa: epithelial cells, macrophages > plasma cells Lamina propria: macrophages and plasma cells	Reduces GI motility and secretion Modulates immune function
TRPV1 (binds AEA > OEA)	Extrinsic afferent fibers, running through the muscle layers Immune cells adjacent to blood vessels.	Visceral hypersensitivity signaling Increase in intestinal contractility (under inflammatory conditions)
PPAR-α (binds AEA, 2-AG, OEA, PEA, others)	Enterocytes of the small intestine ENS Vagal afferent fibers Enteric glial cells	
GPR55 (binds PEA)	Epithelial cells and ENS of the small intestine	
GPR119 (binds OEA, PEA > AEA)	Villi: enteroendocrine L cells	Regulates the release of GLP-1





Efectos en Patologías Digestivas

Cannabis for the treatment of ulcerative colitis (Review)

Kafil TS, Nguyen TM, MacDonald JK, Chande N

2 RCT

Irving 2018: CBD vs placebo (n=60)

remisión clínica: 24% vs 26% (RR 0.94, 95% IC 0.39-2.25)

respuesta clínica: 31% vs 22% (RR 1.37, 95% IC 0.59-3.2)

Naftali 2018: THC cigarrillos 23mg/d vs placebo (n=32)

score actividad: MD -4.00, 95% CI -5.98 to -2.02

pcr: D -0.30, 95% CI -1.35-0.75

Cannabis for the treatment of Crohn's disease (Review)

Kafil TS, Nguyen TM, MacDonald JK, Chande N

3 RCT

Naftali 2013: cig THC 115mg vs placebo (n=21)
remisión clínica: 5/11 vs 1/10 (RR 4.55, 95% CI 0.63-32.56)
respuesta clínica: 10/11 vs 4/10 (RR 2.27, 95% CI 1.04-4.97)

Naftali 2017: aceite CBD 5% vs placebo (n=22)
remisión clínica: 4/10 vs 3/9 (RR 1.20, 95% CI 0.36-3.97)

Naftali 2017: Aceite 15% + CBD 4% THC vs placebo (n=55)
QOL: 96.3 vs 79.9 (MD 16.40, 95% CI 5.72-27.08)
CDAI: 118.6 vs 212.6 (MD -94.00, 95%CI -148.86 a -39.14)

Enfermedad Inflamatoria Intestinal

Cannabis for the treatment of ulcerative colitis (Review)

Kafil TS, Nguyen TM, MacDonald JK, Chande N

The effects of cannabis and cannabidiol on UC are uncertain, thus no firm conclusions regarding the efficacy and safety of cannabis or cannabidiol in adults with active UC can be drawn. There is no evidence for cannabis or cannabinoid use for maintenance of remission in UC. Further studies with a larger number of patients are required to assess the effects of cannabis in UC patients with active and quiescent disease. Different doses of cannabis and routes of administration should be investigated. Lastly, follow-up is needed to assess the long term safety outcomes of frequent cannabis use.

Cannabis for the treatment of Crohn's disease (Review)

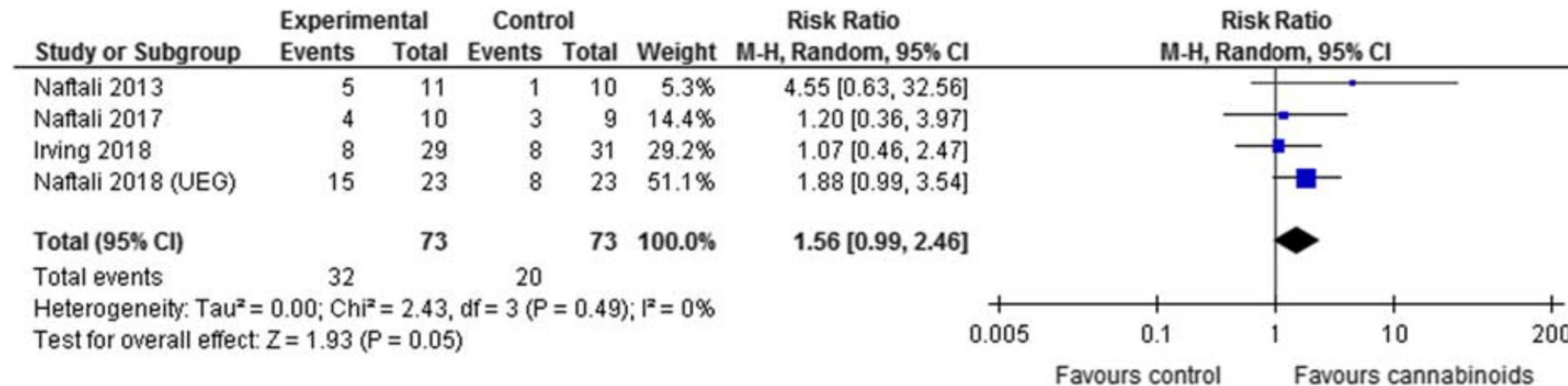
Kafil TS, Nguyen TM, MacDonald JK, Chande N

The effects of cannabis and cannabis oil on Crohn's disease are uncertain. Thus no firm conclusions regarding the efficacy and safety of cannabis and cannabis oil in adults with active Crohn's disease can be drawn. The effects of cannabis or cannabis oil in quiescent Crohn's disease have not been investigated. Further studies with larger numbers of participants are required to assess the potential benefits and harms of cannabis in Crohn's disease. Future studies should assess the effects of cannabis in people with active and quiescent Crohn's disease. Different doses of cannabis and delivery modalities should be investigated.

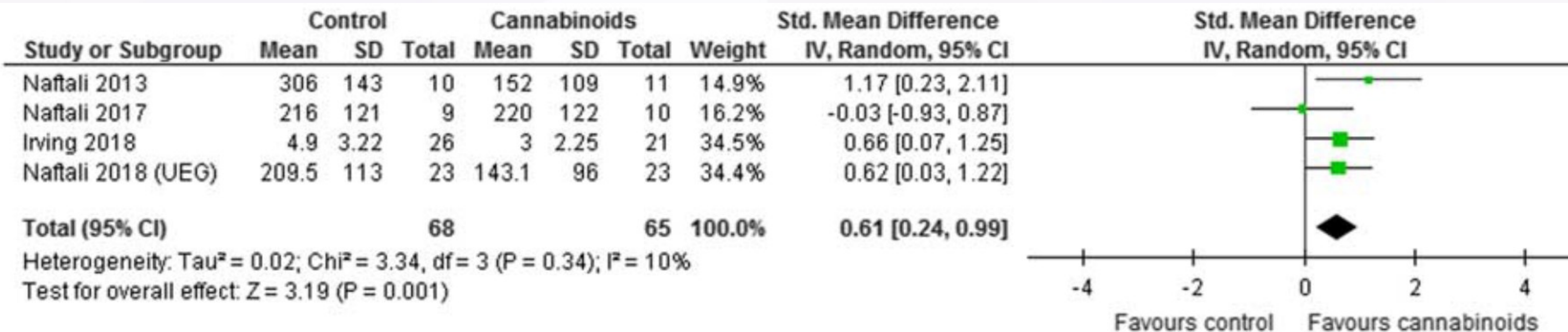
Enfermedad Inflamatoria Intestinal

A Systematic Review With Meta-Analysis of the Efficacy of Cannabis and Cannabinoids for Inflammatory Bowel Disease

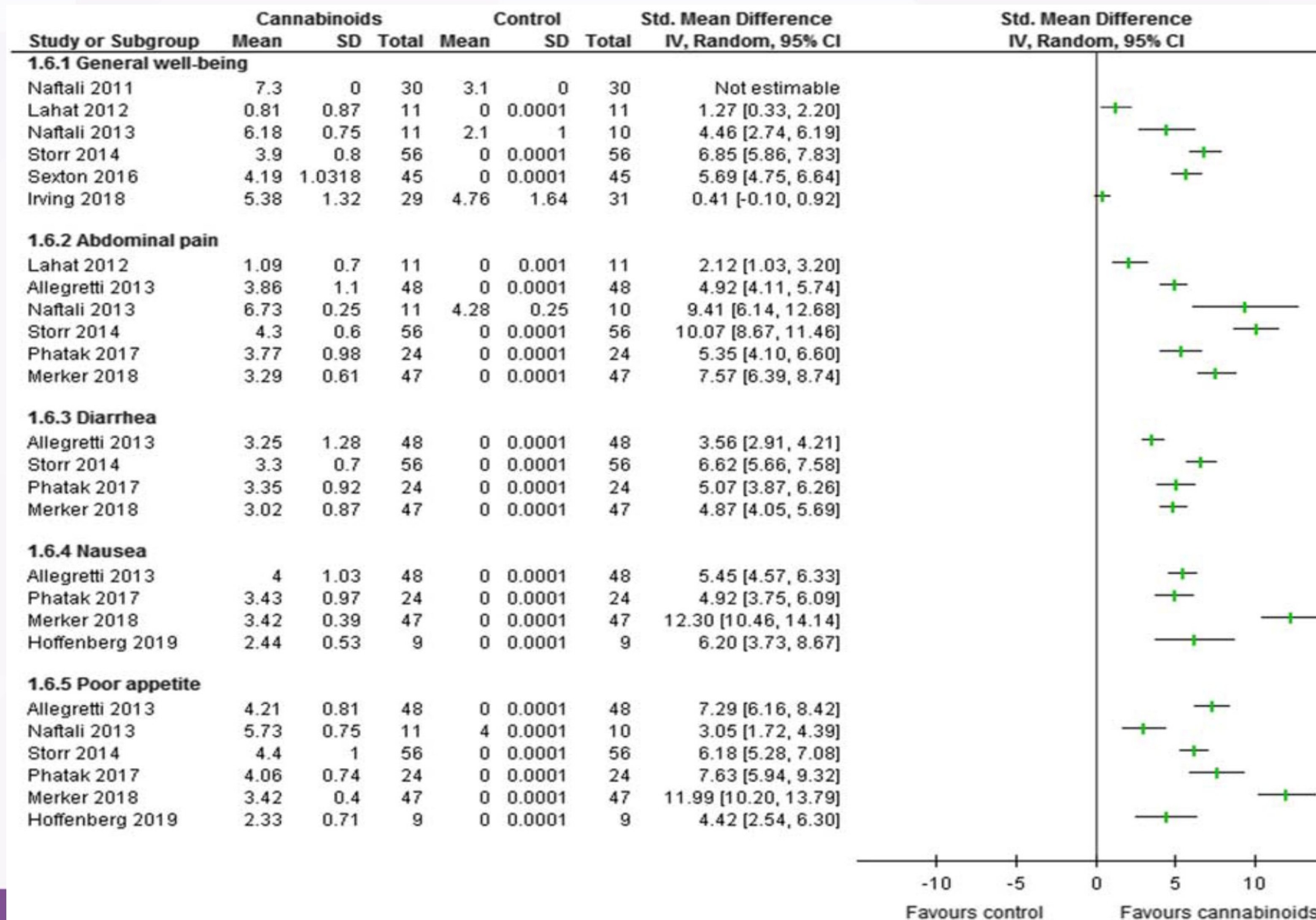
Inducción
remisión



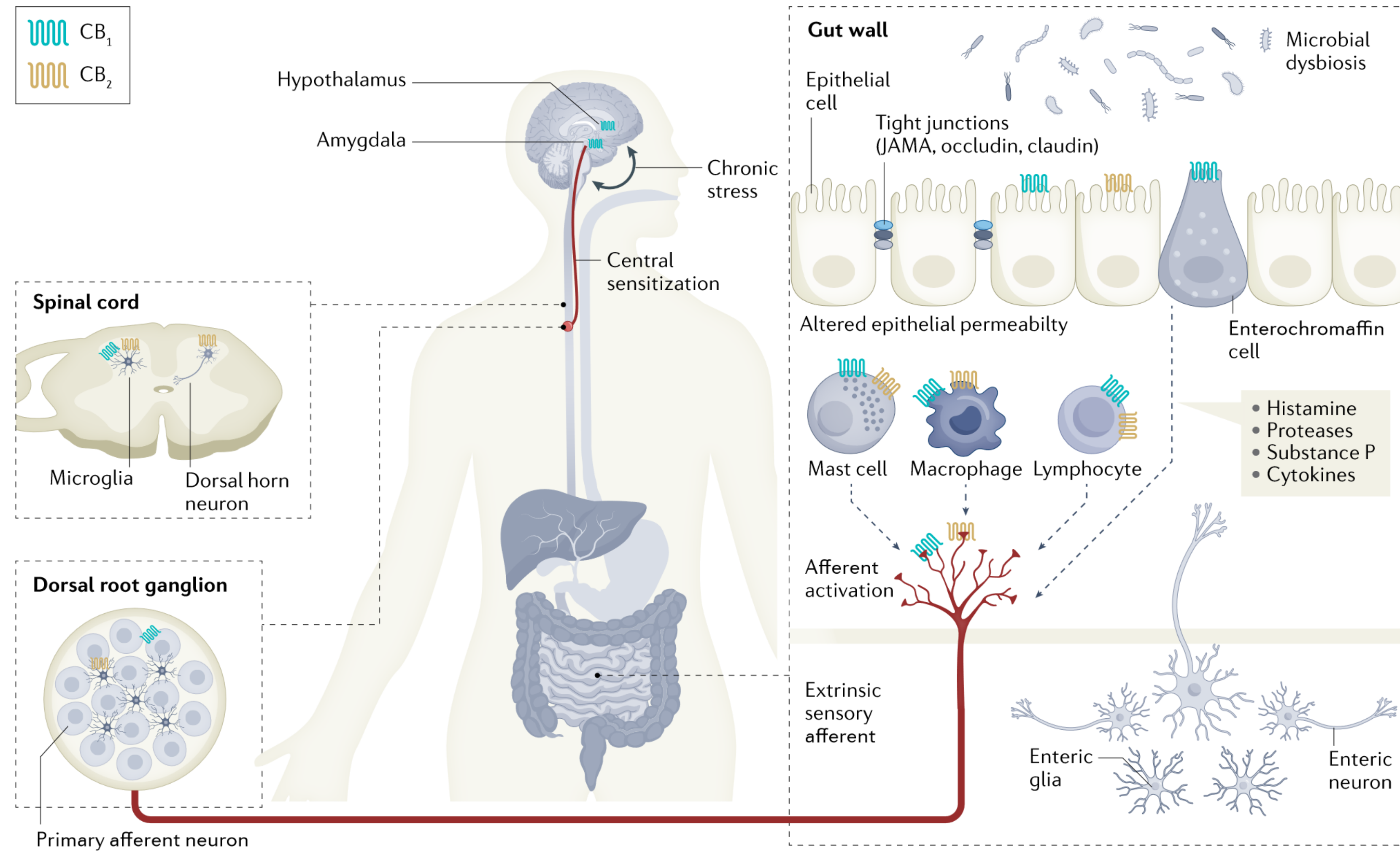
Score
actividad



A Systematic Review With Meta-Analysis of the Efficacy of Cannabis and Cannabinoids for Inflammatory Bowel Disease



Síndrome de Intestino irritable



Síndrome de Intestino irritable

Muy escasa evidencia

No hay más reingresos hospitalarios por SII

J Clin Gastroenterol. 2022;56(3):257-265

IBS Without Cannabis

Enterocolitis because of
Clostridioides difficile 5.6%
IBS without diarrhea 3.8%
Sepsis 3.0%
Noninfective gastroenteritis
and colitis 3.0%
Acute kidney failure 2.8%

IBS With Cannabis

Cyclical vomiting 16.2%
IBS with diarrhea 10.6%
Endometriosis 7.4%
Right upper quadrant
abdominal pain 7.4%
Nausea with vomiting 6.3%

80% de riesgo de SII en pacientes con TUS-C

European Journal of Gastroenterology & Hepatology 2019, 31:756–765

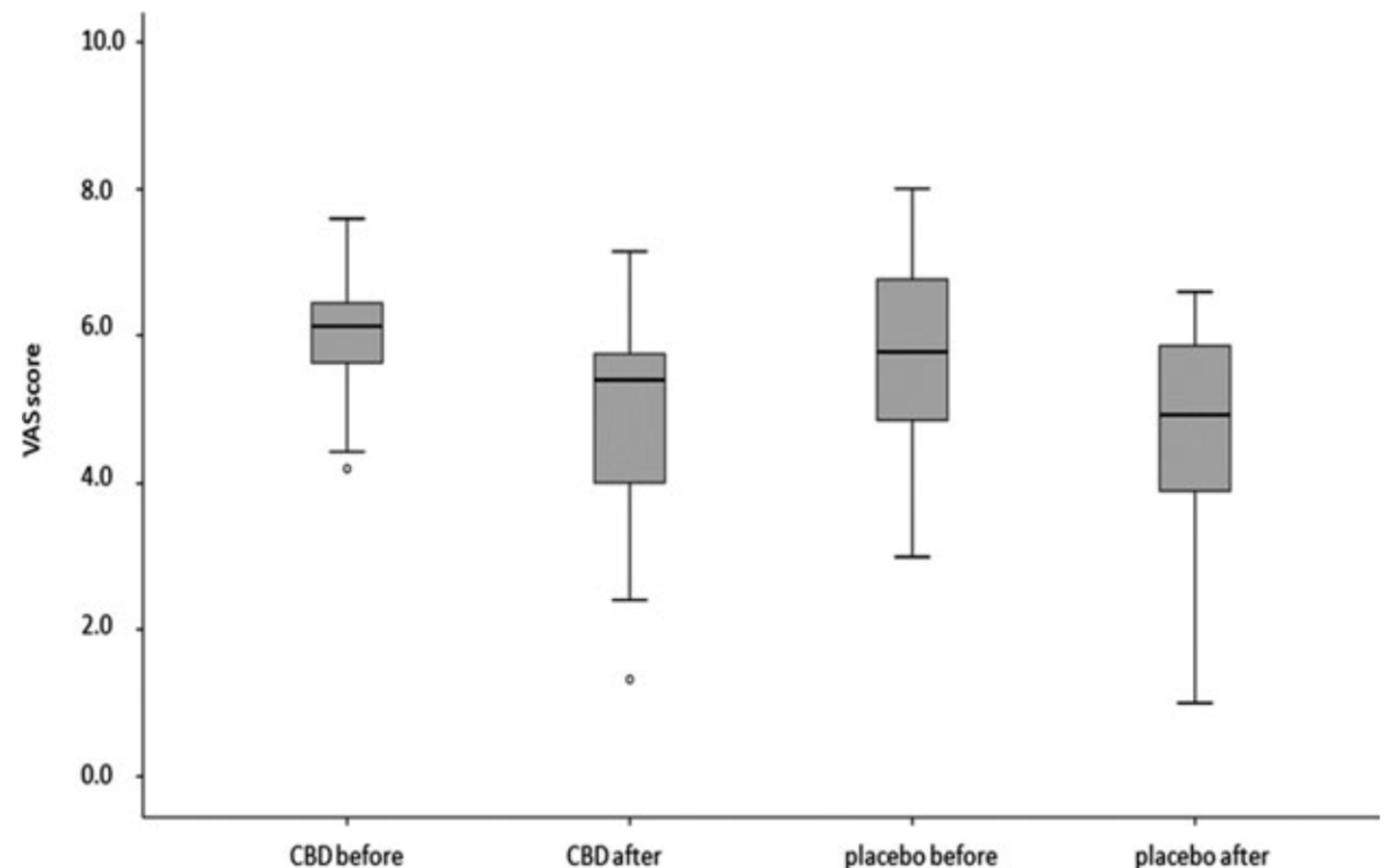
Síndrome de Intestino irritable

Effects of Cannabidiol Chewing Gum on Perceived Pain and Well-Being of Irritable Bowel Syndrome Patients: A Placebo-Controlled Crossover Exploratory Intervention Study with Symptom-Driven Dosing

Anne-Claire B. van Orten-Luiten,¹ Nicole M. de Roos,¹ Soumia Majait,¹ Ben J.M. Witteman,^{1,2} and Renger F. Witkamp^{1,*}

CBD 50mg
Goma de mascar a demanda,
con dolor EVA>4
30 minutos

32 mujeres
No diferencia dolor ni QOL





Síndrome de Intestino irritable

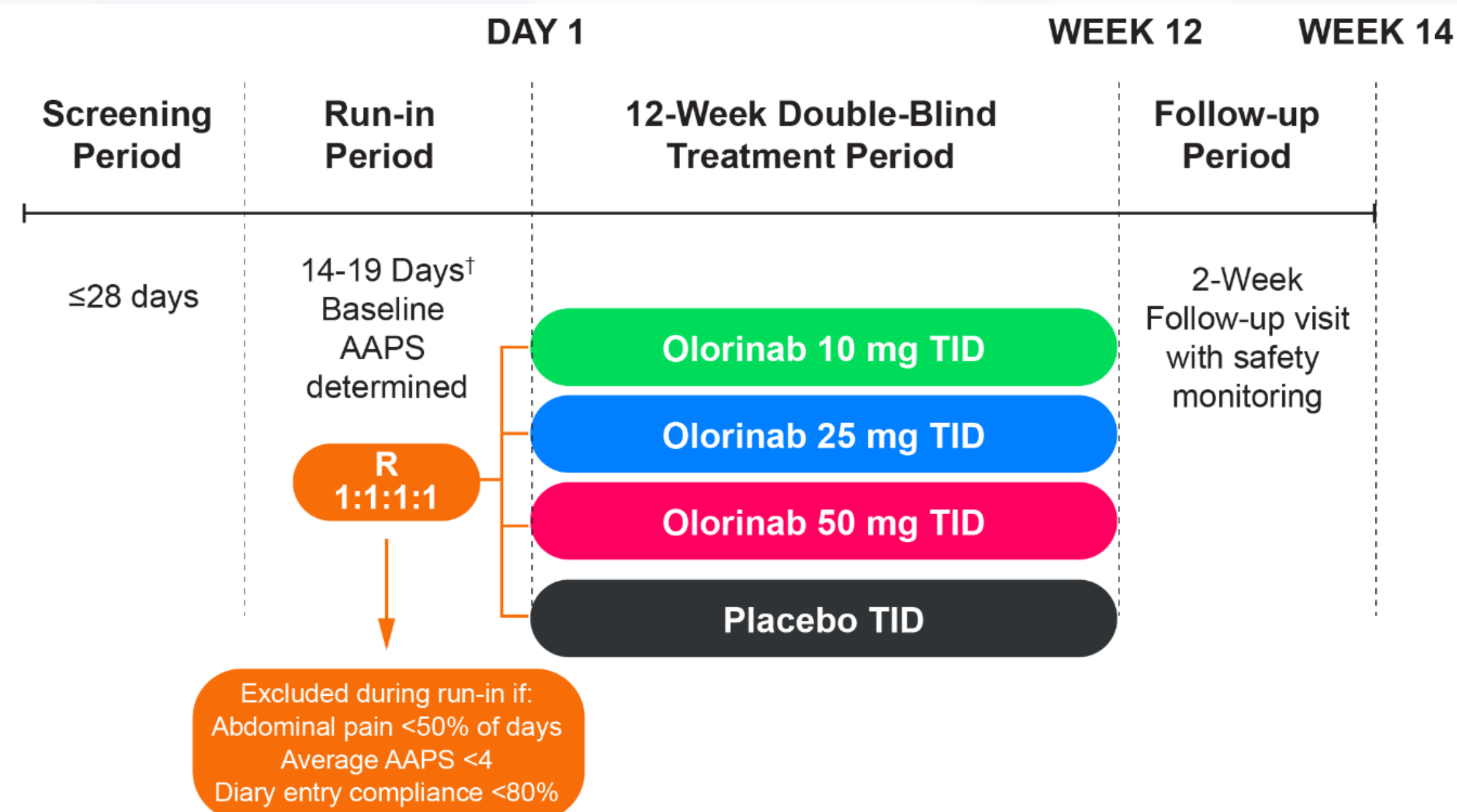
Olorinab (APD371) :
agonista selectivo CB2R
Efecto inhibitor TRPV1

273 pacientes
RCT

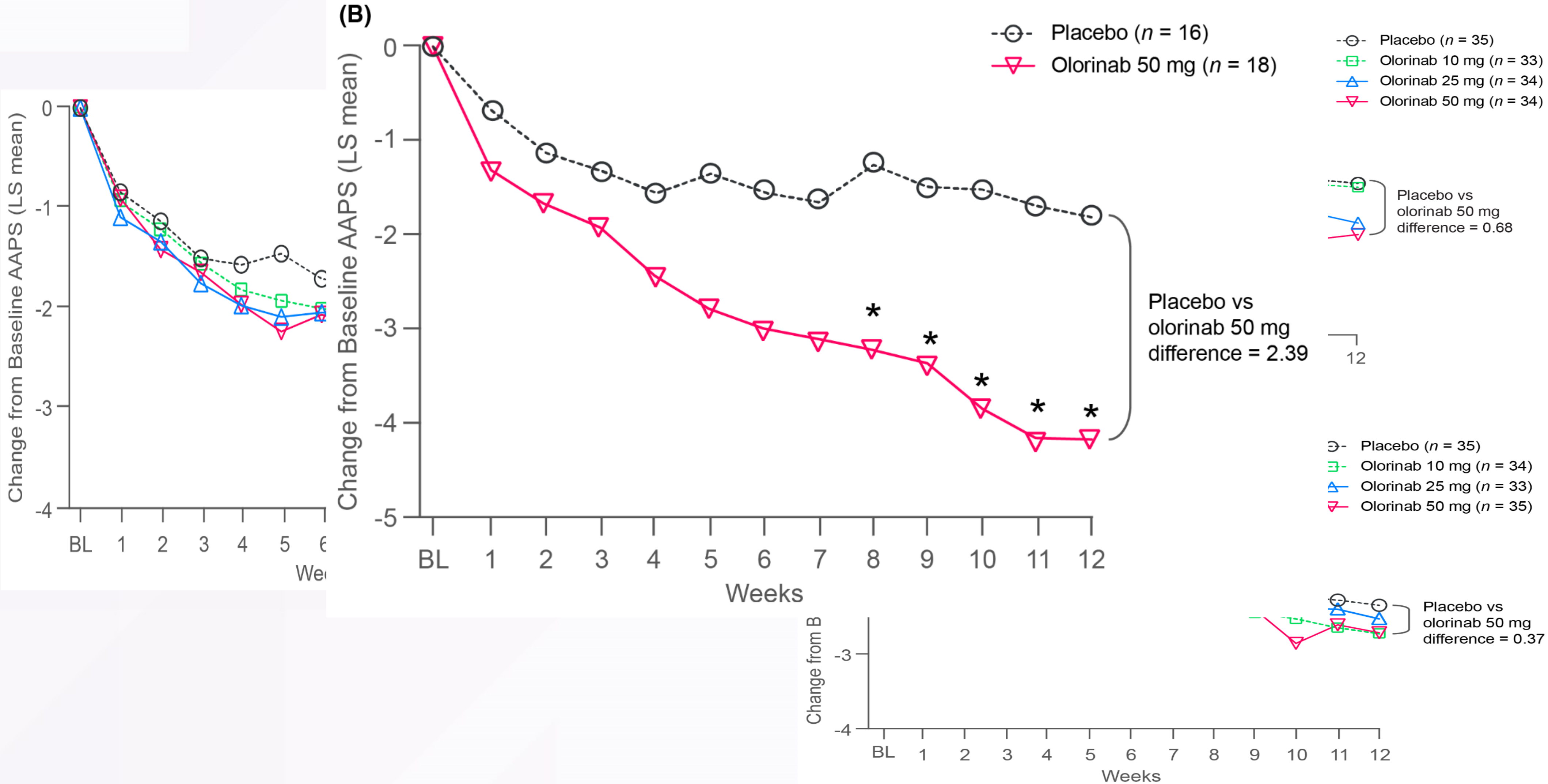
Dolor abdominal

Efficacy and safety of olorinab, a full agonist of the cannabinoid receptor 2, for the treatment of abdominal pain in patients with irritable bowel syndrome: Results from a phase 2b randomized placebo-controlled trial (CAPTIVATE)

Lin Chang¹  | Brooks D. Cash² | Anthony Lembo³  | David C. Kunkel⁴ | Brett A. English⁵ | Beatriz Lindstrom⁵ | Guibao Gu⁵ | Sharon Skare⁵ | Kye Gilder⁵ | Stewart Turner⁵ | Fabio Cataldi⁵ | Donald Lipkis⁶ | Jan Tack⁷



Síndrome de Intestino irritable: Olorinab



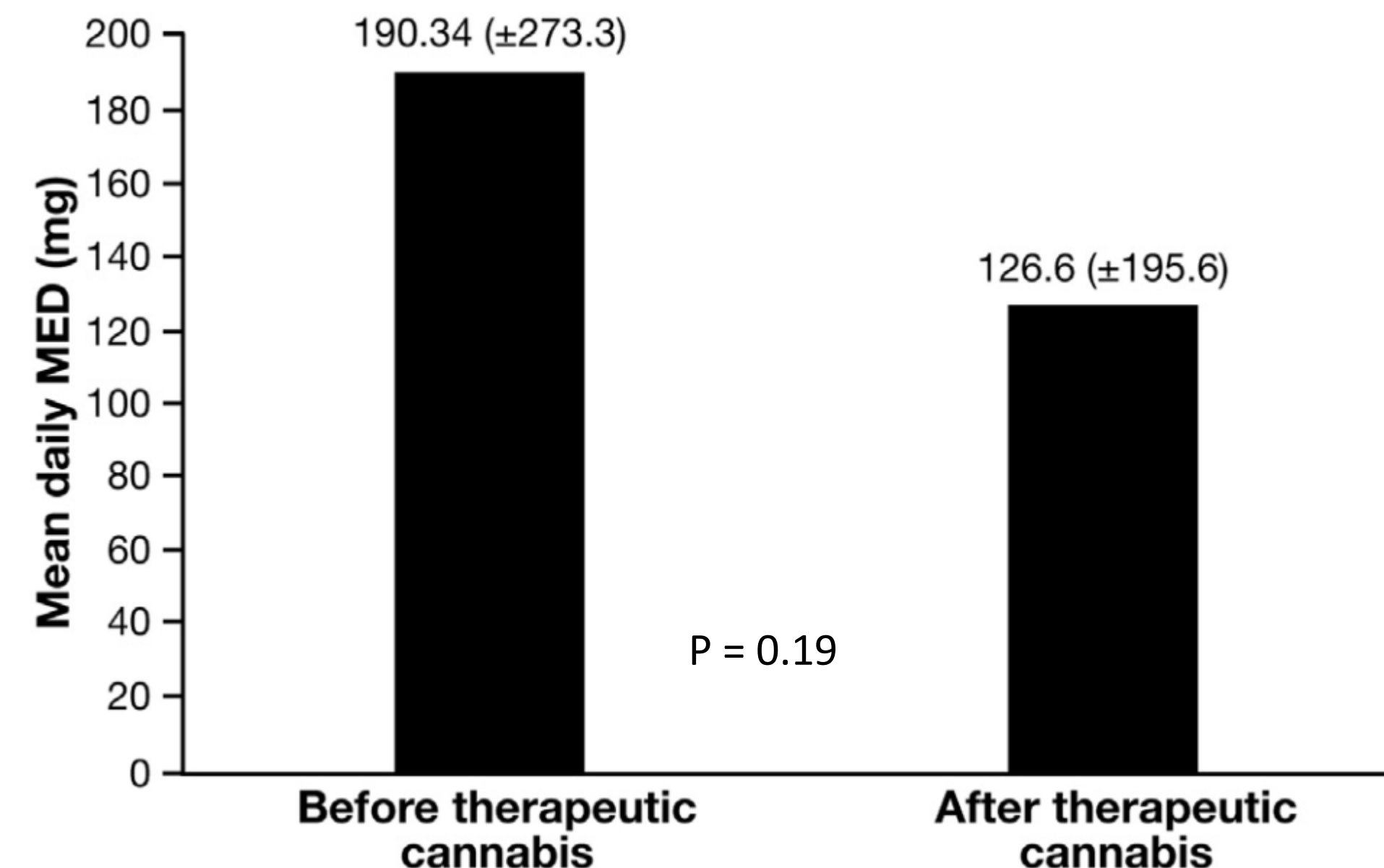
Pancreatitis crónica

Retrospectivo

Dolor
Dosis opiáceos

Effects of Medical Cannabis on Use of Opioids and Hospital Visits by Patients With Painful Chronic Pancreatitis

Trevor S. Barlowe, Jenna L. Kolianni-Pace, Kerrington D. Smith, Stuart R. Gordon, and Timothy B. Gardner



Dispepsia

48 pacientes
CBD hasta 20 mg/kg
4 semanas

Cannabidiol for Functional Dyspepsia With Normal Gastric Emptying: A Randomized Controlled Trial

Jessica Atieh, MD^{1,*}, Daniel Maselli, MD^{1,*}, Margaret Breen-Lyles, BS¹, Monique Torres¹, David Katzka, MD¹, Michael Ryks¹, Irene Busciglio, BS¹, Duane Burton, MHA¹, Paula Carlson, BS¹, W. Scott Harmsen, MS^{1,2} and Michael Camilleri, MD, MACG¹

Parameter (data show median and IQR, or %)	Cannabidiol	Placebo	<i>P</i>
4 wk of treatment: patient response outcomes			
Weekly adequate relief $\geq 2/4$ wk (0 = no, 1 = yes)	12/24 (50.0)	11/19 (57.9)	0.61
The mean daily symptom score (UAP, B, and N) (range 0–4)	1.2 (0.9–2.0)	1.1 (0.8–2.0)	0.48
The mean of all symptoms daily on Leuven Postprandial Distress Scale	0.9 (0.7–1.6)	0.9 (0.7–1.4)	0.62
The mean daily epigastric pain on Leuven Postprandial Distress Scale	0.7 (0.1–1.3)	0.8 (0.3–1.1)	0.57
The mean of all daily symptoms (on FDSD) over 28 d	19.3 (12.2–36.6)	19.1 (12.0–39.7)	0.91
Mean Nepean Dyspepsia Index score at 28 d	4.4 (3.2–5.0)	3.6 (3.0–4.7)	0.53

Dispepsia

48 pacientes
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4 semanas

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Parameter (data show median and IQR, or %)	Cannabidiol	Placebo	P
End of the 4-wk treatment: pharmacodynamics			
Gastric emptying of solids t-lag, min	46.0 (34.3–60.0)	52.1 (30.0–64.2)	0.60
Gastric emptying of solids T _{1/2} , min	128.7 (112.3–150.5)	125.8 (120.2–142.2)	0.72
Agg. symptoms at 240 min post-GE meal	23.0 (9.0–75.0)	34.5 (6.0–86.0)	0.56
Fasting gastric volume, mL	179.0 (161.1–212.0)	214.5 (173.7–263.8)	0.11
Gastric accommodation (mL) post-300 mL Ensure	410.2 (324.9–451.1)	417.5 (318.7–473.6)	0.73
Volume to fullness Ensure, mL (30 mL/min)	373.3 (373.3–559.9)	622.1 (373.3–746.6)	0.10
Maximum tolerated volume (MTV) Ensure, mL	808.8 (435.8–995.4)	871.0 (497.7–1,119.8)	0.66
Symptom score (N, F, B, and P) 30 min post-MTV (0–400)	182.5 (132.5–253.0)	219.0 (184.0–250.0)	0.31

Dispepsia

48 pacientes
CBD hasta 20 mg/kg
4 semanas

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Table 6. Adverse events (*P* value based on the Fisher exact test)

Adverse event	Cannabidiol (n = 25)	Placebo (n = 23)	<i>P</i>
Elevated liver enzymes, %	16	4.3	0.35
Abdominal distension, %	24	8.7	0.25
Nausea, %	20	4.3	0.19
Headache, %	12	4.3	0.61
Diarrhea, %	28	4.3	0.05
Dizziness, %	8	0	0.49
Fatigue, %	8	13	0.66
Loss of appetite, %	8	0	0.49

Gastroparesia

44 pacientes con GP

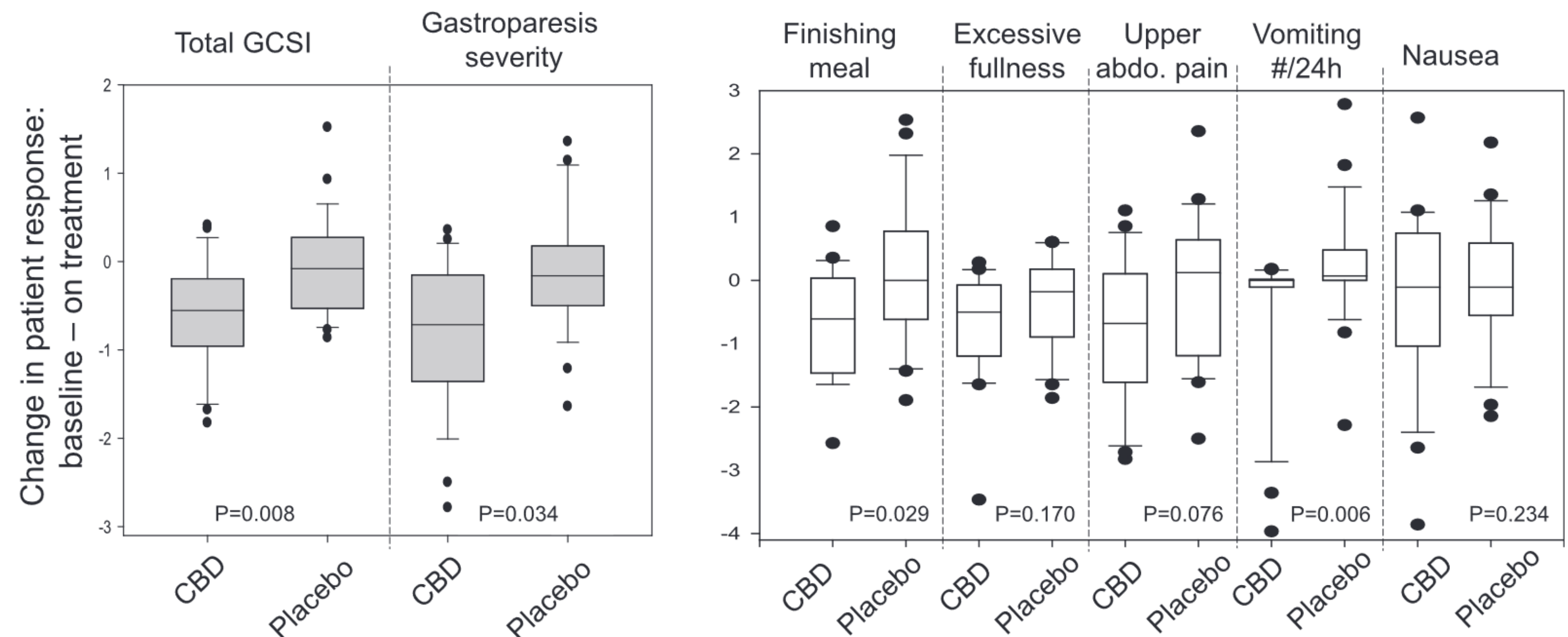
CBD hasta 20mg/kg/d

4 semanas

*** Aumento VG 2-4h**

A Randomized, Controlled Trial of Efficacy and Safety of Cannabidiol in Idiopathic and Diabetic Gastroparesis

Ting Zheng,¹ Joelle BouSaba,¹ Ann Taylor,¹ Saam Dilmaghani,¹ Irene Busciglio,¹ Paula Carlson,¹ Monique Torres,¹ Michael Ryks,¹ Duane Burton,¹ William Scott Harmsen,² and Michael Camilleri¹



Vómitos y náuseas

Efecto CB1 en núcleo tracto solitario, núcleo motor dorsal vago, área postrema

Inhibición receptor 5-HT3

Dronabinol – Nabilona → vómitos **refractarios** por qmt

Paradoja : síndrome de vómitos por cannabinoideos

Hígado

Reportes de FHA

Aumento / disminución fibrosis en HCV

Mejoría encefalopatía hepática (animales)

Sin cambios en mortalidad post trasplante

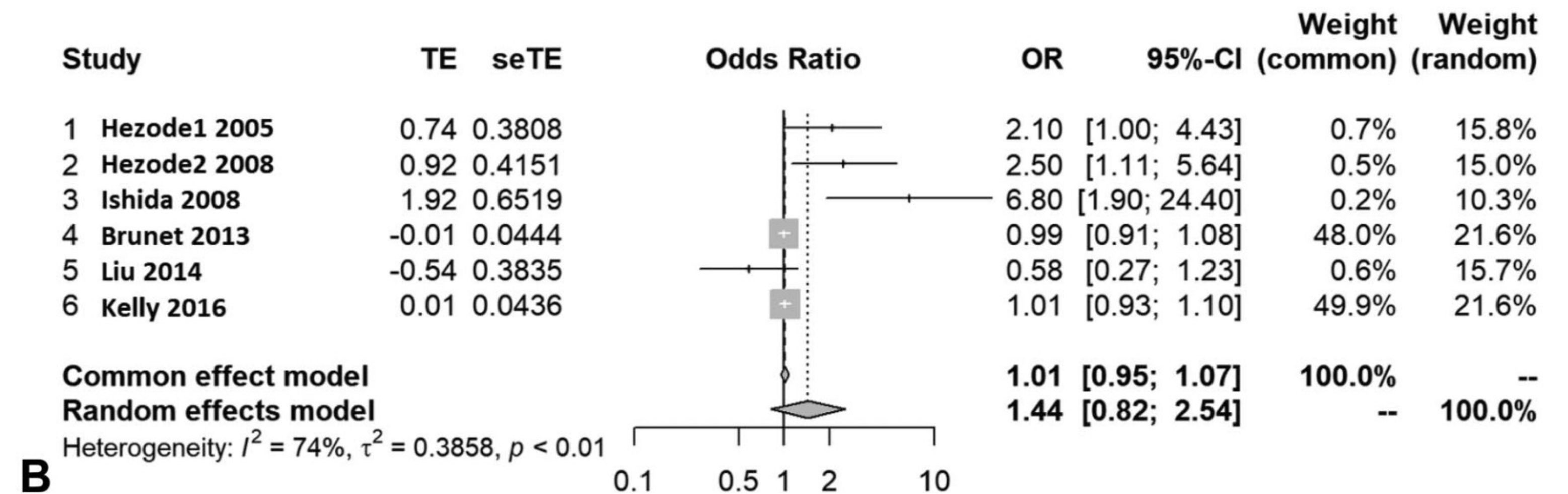
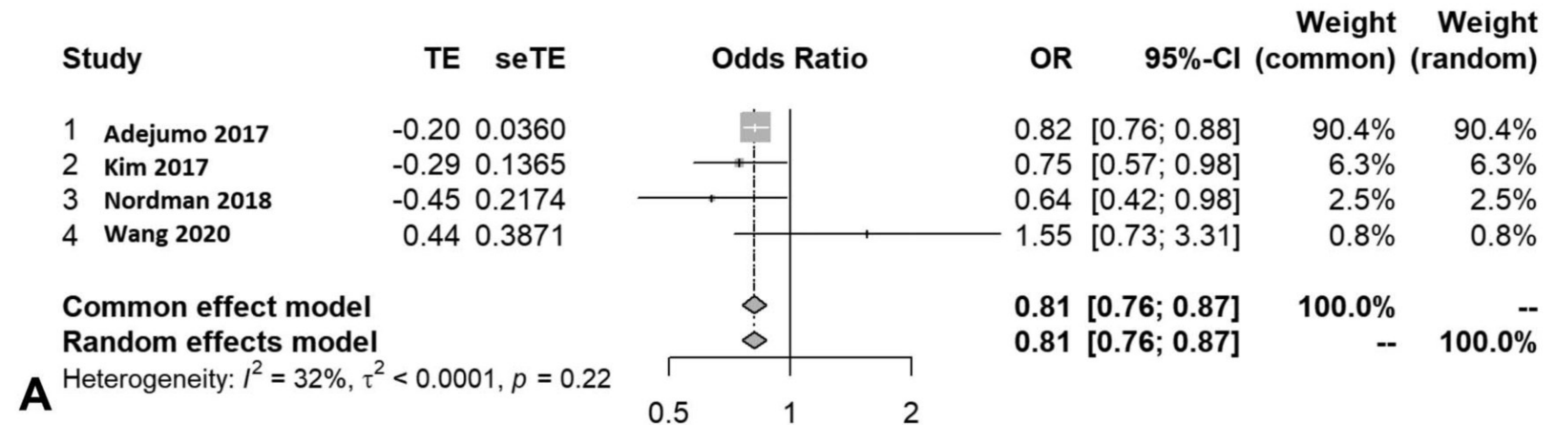
Efecto protector injuria post reperfusión (animales)

Hígado

Alteración CB1:CB2

Sobre-expresión CB2

Respuesta alterada en etapa de fibrosis



Efectos adversos



Adicción 9%

Sd privación – TUS – Intoxicación

Alteraciones en desarrollo de áreas cerebrales

Psicosis – Crisis de pánico – Suicidio

Alteraciones motrices

Alteraciones pulmonares

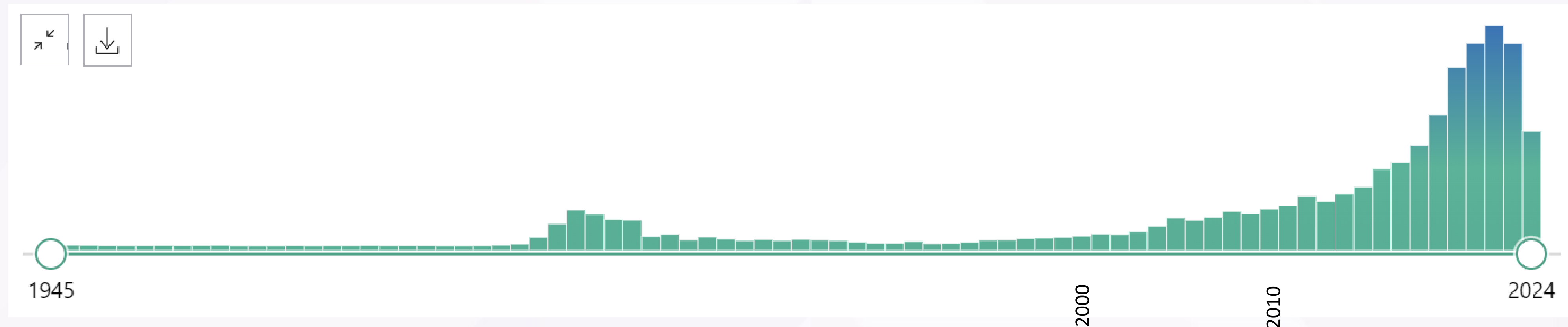
Síndrome de hiperemesis por cannabinoides

Interacciones CYP3A4 ?

Efectos adversos

Author, year	Cannabinoid specific exposure	Outcome	Studies			eOR (95% CI)	eOR (95% CI)
			(k)	n/No	CE/CES		
Pregnant women							
Marchant 2022	Marijuana use	Small for gestational age	6	2078/22 921	I/I	◆	1.61 (1.41 to 1.83)
Conner 2016	Marijuana use	Low birth weight	12	6204/57 438	I/I	◆	1.43 (1.27 to 1.62)
Marchant 2022	Marijuana use	Neonatal ICU admission	6	1315/18 615	III/III	◆	1.41 (1.15 to 1.71)
Conner 2016	Marijuana use	Pre-term delivery	14	8060/81 326	III/III	◆	1.32 (1.14 to 1.54)
Drivers							
Rogeberg 2019	THC positive	Car crash, culpability	13	NR/78 025	IV/I	◆	1.53 (1.39 to 1.67)
Rogeberg 2019	THC positive	Car crash	13	NR/78 025	IV/I	◆	1.27 (1.21 to 1.34)
Hostiuc 2018	Cannabis use	Car unfavourable traffic events	23	NR/245 021	IV/II	◆	1.89 (1.58 to 2.26)
Hostiuc 2018	Cannabis use	Car death after car crash	5	NR/66 705	IV/II	◆	1.72 (1.40 to 2.10)
Hostiuc 2018	Cannabis use	Car injury	12	NR/95 441	IV/III	◆	2.15 (1.42 to 3.28)
Hostiuc 2018	Cannabis use	Car collision	6	NR/82 875	IV/III	◆	1.91 (1.34 to 2.72)
Psychosis							
Foglia 2017	Cannabis current use	Adherence to antipsychotic treatment	3	NR/259	IV/III	◆	5.78 (2.68 to 12.46)
Foglia 2017	Cannabis any use	Adherence to antipsychotic treatment	11	NR/3055	IV/III	◆	2.46 (1.97 to 3.07)
Bogaty 2018	Cannabis current use	Premorbid IQ	7	NR/515	IV/III	◆	1.99 (1.34 to 2.96)
Schoeler 2016	Cannabis continued use	Psychosis relapse	24	NR/16 257	IV/III	◆	1.88 (1.34 to 2.71)
Schoeler 2016	Cannabis use	Working memory	19	NR/2468	IV/III	◆	1.44 (1.21 to 1.71)

Perspectivas



Neuro-Gastro-Cannabinology: A Novel Paradigm for Regulating Mood and Digestive Health

Fabio Turco^a Viola Brugnatelli^a Raquel Abalo^{b, c, d}

Conclusiones

Base teórica prometedora, estudio clínico inicial

Modulación de la inflamación y alivio del dolor

Actualmente: **no es mejor que lo disponible**

Efecto en bienestar y calidad de vida

Aumento oferta / demanda → **DESINFORMACIÓN**

Efectos adversos reales

Muchas gracias

